PLAYER GUIDELINES: Read very carefully before signing.

1. Empowered Volleyball Academy is committed to the development of individual players and teams. All players who are selected to this program are expected to reflect this same commitment back to their club, team, and individual players.

2. If a problem occurs during any club activity the following sequence of events are to be followed:

a. Player is to meet with their coach and discuss her concerns. During the week these meetings should take place before or after a scheduled practice. During a competition play date, the player should request to talk with their coach sometime between matches. It is the responsibility of the player to initiate this meeting.

b. After the above meeting has taken place and further discussion is needed, the parents are to contact the coach and arrange for a meeting. A meeting will be arranged within seven days at which time the player, parents, and coach will discuss the concern. The meeting will not be held unless all parties are in attendance.

c. If a solution is still not obtained, another meeting will be set up with all parties above, and a club administrator.

d. If the concern cannot be resolved, EVA, at the request of the family, will issue a pro-rated refund of club dues and participation in the program will be terminated. Registration fees, uniform costs, and tournament costs are non-refundable.

3. Club Disciplinary Policy:

- 1st Offense-Warning. Player/Coach Meeting- Parents and Club Player Notified
- 2nd Offense-Player/Coach/Parent Meeting Possible one-week suspension
- 3rd Offense-Parents and Club Player Rep notified- One-week suspension

• 4th Offense-Player/Coach/Parent/Club Director meeting - Possible one-month suspension, or suspension for the remainder of the year, depending upon the seriousness and/or signs of repentance (Remainder of club fees due immediately if suspended for the season)

4. Players who miss practice and do not notify their respective coach in advance will be disciplined according to the club disciplinary policy.

5. Players who quit before the end of a current season are not eligible to participate on an Elite team the next season. Extenuating circumstances such as academics and physical injury will be considered on an individual basis by the club.

6. All sanctioned school events, and Church activities, take precedence over club practices and competitions. A commitment to Empowered Volleyball Academy means that all other conflicts are to be secondary and club activities take precedence. Players who miss practice or competition due to non-school-sanctioned activities must similarly notify their coach in writing. Failure to follow this procedure will be subject to the club disciplinary policy and non-participation in competition play-dates. It is the responsibility of the student-athlete to manage their schoolwork.

7. Drugs and Alcohol: Any member of Empowered Volleyball Academy who is caught with, or having used, any form of drug or alcohol before, during, or after any club event will be removed from the program immediately. The regular club disciplinary policy is not followed. No warning, no refund, all remaining monies are due immediately-EVA has a zero-tolerance policy.

Note: For reference purposes, this document is to be copied and kept by each family. Parents and athlete(s) must sign. By signing you acknowledge that you have read, understand, and will abide by these guidelines

## Parent Code of Conduct Empowered Volleyball Academy

As parents of a member of Empowered Volleyball Academy, we will conduct ourselves in a manner as outlined by the following Code of Conduct:

1. In addition to the club expenses as outlined in the "fee structure" on the EVA website, we understand that our daughter has paid to LEARN skills and concepts of volleyball; she has not paid to play equal time in the tournaments. The EVA coaching staff is committed to developing ALL players' skills, and when a player earns the right to play in a certain situation, she will see playing time. That decision is purely a coaching one. However, EVA will not keep players whom we do not believe have the potential to contribute during tournaments.

2. EVA welcomes and encourages the support of all teams during the competition. We believe our parents are part of the EVA organization and are seen as such by other organizations and officials. Therefore, we will conduct ourselves accordingly by:

a. All EVA parents will conduct themselves in a positive fashion during all practices and competitions. All references to their daughter or other players must be positive whether verbal or non-verbal. Cheering EVA teams for their play and NOT jeering or harassing the opponent's team, officials, or work teams for their performance;

b. Realizing that the officials and their work teams are attempting to do the best job they can to referee the game fairly, it is up to the EVA teams to win or lose the game. During all competitions the ruling of the officials is final. Any negative comments or verbal outbursts by parents will not be tolerated. Therefore we will conduct ourselves with appropriate sportsmanship;

c. Acknowledging that some EVA players are relative beginners in the sport of volleyball and will make mistakes - probably at critical times in a match. We will be patient and supportive through these times for all players we are around;

d. Realizing that coaching is NOT a science and that all coaches will make decisions that are popular and unpopular. However, we believe that every member of the EVA coaching staff acts with the best intentions of the team, and the best intentions of each and every player. We may not agree with every decision they make, but we will respect that decision.

e. No parent is to coach or attempt to coach their daughter or any other player during any club practice or competition. Refrain from talking to players during practice or games. The players need to be concentrating on the game, the game plan, and listening for instruction from the coach.

3. We will see that our daughter is at practices and team functions on time or early.

4. We will assist in carpooling whenever possible.

5. We will be responsible for monies due on the specified date.

6. We are responsible for our daughter's conduct. If a problem arises at any time we will be contacted by the coaching staff or team parent representative.

7. We are aware that the decisions rendered by the directors are done so with concern for the overall betterment and reputation of EVA and its participants, and will abide by these decisions. 8. We are not allowed to discuss player/team performance topics before, during, or after any practice or competition with the coach. Furthermore, these types of discussions should not take place with club parents about their child to other players and parents. If there are questions then the player must make arrangements to meet and discuss these issues with their respective coach. If the issue is not resolved with the player/coach meeting then the parent may contact the coach to arrange a player/parent/coach meeting. If the issue is still not resolved then a club administrator may get involved to help remedy the situation. Playing time (amount of) is a non-discussable topic with regards to all travel team players. No player on a travel team is guaranteed any specific amount of playing time.

9. If you remove your daughter from the club without previous permission from the director, EVA will consider her to have resigned from our club and all remaining monies will become due and payable immediately or forfeited, as the case may be.

10. If an athlete is injured during the club season and is directed to stop playing by a Doctor, the following needs to occur.

1. Written Doctor's note saying the athlete cannot play.

2. A plan of return from the Doctor.

3. If the athlete is out for the rest of the season, per Doctor's instructions, all practice fees will be deducted off of your remaining fees. All tournament fees will still be due. If this injury happens before February 1st of the season and we are able to replace the athlete, we will waive tournament fees also.

4. If the athlete is able to return to play before the end of the season, practices will not be reimbursed, and the athlete will be expected to attend practices and rehabilitation at the club throughout the return to play protocol. Mental reps in some cases can be just as beneficial for many athletes. Learning and improvement can occur, despite physical limitations and injuries.

11. We realize the use of tobacco products and alcohol is legal for adults over the age of, however, intoxication will not be tolerated, nor will we offer any of the above-mentioned products to any junior volleyball player. Any player using tobacco or alcohol, or parents found giving such things to an athlete, will be immediately expelled from the club and all remaining monies will become due and payable, or forfeited, as the case may be.

12. We fully recognize that we are role models to all players in Empowered Volleyball Academy and we will conduct ourselves accordingly at all times.

13. If we do not behave in a manner consistent with the sportsmanship and professionalism EVA demands from its athletes and coaches, we may be asked to refrain from attending practices and tournaments.

14. 24-HOUR Rule - If Parents have a question about their daughter's role, how to improve, increase playing time, etc., we ask that you allow for 24 hours to lapse before initiating contact with the coach, however, this is only after your athlete has first discussed these things with the coach initially and you are needing further clarification.