

Guest acknowledges that there are certain risks inherent in participating in an exercise or club activity/program. These risks range from mild fatigue to more serious events which may lead to prolonged serious illness or death. Guest holds Empowered Sports Club, its agents and employees free and harmless from all liability and damages resulting from any and all accidents, injuries or illnesses arising, either directly or indirectly, from the guest's participation in Empowered Sports Club's exercise program, including all consequential and incidental damages, except resulting from the negligence of Empowered Sports Club or it's agents and employees. Guest further acknowledges that he or she is not aware of any medical or physical condition which would preclude participation in an exercise program.

PERMISSION TO USE PHOTOGRAPH/VIDEO: I authorize Empowered Sports Club, its assigns, and transferees to copyright, use, and publish the same in print and/or electronically. I grant to Empowered Sports Club, its representatives, and employees the right to take photographs/videos of me and my property in connection with the above-identified subject. I agree that Empowered Sports Club may use such photographs/videos of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.